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VANESSA MOST

Nationality:	German	Height:	5'3 (159 cm)
Eye Colour:	Blue	Weight:	103 lbs (47kg)
Hair Colour:	Light/Mid Brown	Playing Age:	21 - 31 years
Hair Length:	Long	Appearance:	Middle-European, White

Other: BFFS – Bundesverband Schauspiel (German Actors' Association)

TRAINED (Selection)

CASTING TRAINING NATIONAL AND INTERNATIONAL, iSFF, Berlin (2019)
CAMERA ACTING FOR YOUNG TALENTS, Teresa Harder (2019)
GUN TECHNIQUES AND TRAINING, Sicherheitsinstitution Berlin (SIB) (2018)
CASTING WORKSHOP, Wolfgang Wimmer (2016)
MEISNER TRAINING, Frank Betzelt (2015)
DIE TANKSTELLE - ACTING FOR FILM & TELEVISION, Brigitte Simons (2014-15)

SPECIAL SKILLS

LANGUAGES: German (mother tongue), English (fluent), French (fluent)
ABILITIES/SPORTS: Voice - Soprano
Performance - Improvisation, Voice Over, Gun Handling, Barista
Sport - Gymnastics, Pole Dance, Badminton, Bouldering
Other - Car Driving Licence

FILM (Selection)

MAREN	Midnight Regulations	Nils Keller
NINA	A little story	Dominik Ströhle
GIRL	Der Nachtmahr	Akiz
HELEN OF TROY	Die Schönste im ganzen Land	Christoph Dobbitsch
MARIE	Obsession	Patrice Kienast
JULIA	Shattered	Arne Kasten
HANNAH	Les saisons d'après	Mathieu Charrière

TELEVISION (Selection)

SANDRA	Jenny – echt gerecht (RTL)	Andreas Menck
NENA HEIDENREICH	Liebe mit Handicap (SAT.1)	Patrick Freiheit
MAIRA SANTOS	Gute Zeiten, Schlechte Zeiten (RTL)	Klaus Witting, Frank Hein
LEONIE	Heiter bis tödlich – Akte Ex (ARD)	Christoph Klünker

THEATRE

CONSTANCE	The Three Musketeers	Michael v. Hohenberg
GIRL	Holy War	Sven Ruppert
JULIA	During the Night/Nachtfahrt	Sven Ruppert
LOIS FISHER	The Children's Hour	Peter Molitor

MUSIC VIDEO (Selection)

MARIA	The Space in Between	Nico Sanft
CHEERLEADER	Neuruppin 2	K.I.Z feat. Nord Nord Muzikk
FEATURED ACTOR	Scheisse, aber happy	Culcha Candela
COWGIRL	Ab geht die Party	voXXclub